

# Unerasable

## How communities hold together under pressure

*This sheet is yours. Don't write names, addresses or anything that identifies anyone. Take it home or destroy it.*

### The five pressures and six strengths

| Pressure          | What it looks like                                           | Strength                                                                 |
|-------------------|--------------------------------------------------------------|--------------------------------------------------------------------------|
| Pushed out        | People are moved, priced out or prevented from staying       | <b>Roots:</b> ties to place, ownership, tenure                           |
| Written out       | Language, history and culture are dropped, renamed or banned | <b>Heritage:</b> passing on language, memory and practice                |
| Squeezed out      | Livelihoods, businesses and land are taken or starved        | <b>Livelihood:</b> income and assets the community controls              |
| Worn down         | Stigma, surveillance and fear wear people down               | <b>Voice:</b> telling your own story, in your own media                  |
| Silenced          | Leaders are removed, co-opted or made unsafe                 | <b>Backbone:</b> leadership spread across many people                    |
| Supports all five | Relationships with other communities and organisations       | <b>Coalition:</b> relationships with other communities and organisations |

### My community's strengths (private)

Give each strength a mark from 1 (barely there) to 5 (strong), and write one word on why.

| Strength   | Mark (1 to 5) | Why |
|------------|---------------|-----|
| Roots      |               |     |
| Heritage   |               |     |
| Livelihood |               |     |
| Voice      |               |     |
| Backbone   |               |     |
| Coalition  |               |     |

### One strength, one step

The strength I want to grow: \_\_\_\_\_

One small step in the next 30 days: \_\_\_\_\_

*For more ideas, see the toolkit at [unerasurable.world/library](https://unerasurable.world/library). It's free, with no sign-up.*